

## ROCKWALL INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Date: February 28, 2024 Time: 5:00 PM

Rockwall ISD Administration Office 1050 Williams Street Rockwall, TX 75087

## **AGENDA with MINUTES**

Call to Order and Establish a Quorum
Patrick Just called the meeting to order at 5:04 PM and began recording. Quorum of 8 voting members
was present.

2. Welcome

Members present: Farrah Brabson, Daysha Crain, Stacy Dorsey, Rebecca Stuart, Amber Woodfield, Shawn Hughes, Patrick Just, Kim Pugsley, Nichól Smithers

- 3. Coffee with the Counselors Overview
  - Patrick Just tabled this presentation to a future meeting as the planned presenter was unable to attend.
- 4. Presentation by the Rockwall ISD Student Services Department Student Stress, Time Management, and Anxiety Management, including Parent-Centered Education
  - Kiala Albright and Rochell Eddy, Counseling and Student Support Coordinators, for Rockwall ISD presented supports and strategies for students in all grades in dealing with anxiety, programs in the district to support students with mental health needs, and reviewed a presentation they provide parents on this topic.
- 5. Triennial Assessment Report
  - Nichól Smithers presented the Triennial Assessment data collected at all 23 campuses, and provided a copy of the draft 2023-24 Triennial Progress Assessment Report. SHAC members will review the draft report provided and will discuss possible Local Wellness Goal recommendations as well as approve the report at the next meeting.
- 6. Future Topics and Discussions

Shawn Hughes recommended possible collaboration with outside mental health providers at parent education services.

7. Adjourn

The meeting adjourned at 5:59 PM

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